

GreenValley Marketplace

Locally Owned & Operated Since 1915

OCT. FRI 9 SAT 10 SUN 11 MON 12 TUES 13 WED 14 THUR 15

Fresh, Grade A
Boneless Chicken Breast Tenderloins
Family Pack

\$1.99
LB

Save \$2.00 lb



FARMHOUSE FRESH

Fresh Beef Boneless Short Cut Tenderloin

\$13.99
LB

Save \$3.00 lb



FRESH BEEF BONELESS TENDERLOIN STEAK
\$14.99 lb
SAVE \$7.00 LB

Fresh Whole Pork Shoulder Picnic

\$1.89
LB

Save 70¢ lb



Boneless Chuck Shoulder Roast
Family Pack

GV REWARDS DIGITAL OFFER

\$5 LB
WITH 100 POINTS
LIMIT 2 PER OFFER | LIMIT 1 OFFER

\$6.99 LB
WITHOUT GV REWARD OFFER

Farm Raised
Fresh Tilapia Fillet



\$7 LB
Save \$2.49 lb

USDA CHOICE



Avocados

3/\$2

Save \$2.50

Honeycrisp Apples



\$3.99
2 LB BAG
Save \$3.00

STORE MADE Kitchen Fresh
Better than Homemade

Hand-Breaded Chicken Drumsticks
12 pc

\$8.99
Save \$4.00

Deviled Egg Potato Salad

\$3.99 LB
Save \$3.00 lb

Creamy Macaroni & Cheese

\$2.99 LB
Save \$3.00 lb
HALF PRICE

Freshly Store Prepared
Salmon Cakes
4 oz

2/\$8
Save \$1.00

Angel Soft Bath Tissue

6-8 Mega Rolls
Selected Varieties
\$5.99
Save \$3.80



Barilla Pasta
7-16 oz
Selected Varieties

4/\$5
Save \$3.36 on 4



Fresh Baked Bread Boules
Assorted Varieties

\$3.49
Save \$1.00
SPINACH DIP \$5.99 lb



Crystal Farms Shreds or Chunks
5.5-8 oz

2/\$4
Save \$4.38 on 2



Culinary Circle Pizza
13.95-28.9 oz
Assorted Varieties

2/\$8
Save \$5.98 on 2



BEER, WINE & SPIRITS UNBEATABLE PRICES!

High Noon Variety Pack
8 pk/12 oz

\$16.99
Save \$3.00

Michelob Ultra Beer
18 pk/12 oz cans or btls

\$16.99
Save \$3.00

Available at 4681 Mountain Rd. Location Only

Coca-Cola
6 pk/16.9 oz btls
Assorted Varieties



3/\$12
WHEN YOU BUY 3 Save \$8.97 on 3

From the Garden *Local Produce Daily!*

Little Leaf Salads
 4 oz

\$3.49

Mini Cucumber Trays
 14 oz

\$2.99

Fresh Eggplant

\$1.49
LB

Plum Tomatoes

\$1.79
LB

Fresh Express Romaine Hearts
 3 pk

\$3.79

Fresh Papaya

\$1.49
LB

Limes 3/\$1

Organic

Anjou Pears
 2 lb

\$4.79

Granny Smith Apples
 2 lb

\$5.79

Fresh Cuts

Broccoli Florets
 10 oz

\$4.79

Fresh Salsa
 16 oz

\$4.79

Healthy Snacks

Hampton Farms Peanuts
 10 oz

21/\$3

Wasabi Peas
 8.5 oz

\$3.69

Butcher Shop *In-Store Butchers to Provide That Perfect Custom Cut!*

Fresh Half or Sliced Pork Shoulder Picnic

\$2.09
LB

Selected Varieties
 John Soules Chicken Strips
 6 oz

21/\$6

JOHN SOULES BEEF FAJITA STRIPS 6 OZ \$5.19

Selected Varieties
 Demakes Chicken Skewers
 1 lb

\$5.99

Certified Organic
 Whole Frying Chicken

\$3.99
LB

Selected Varieties
 Marinated Pork Tenderloin or Fillet
 19.2-23 oz
 Smithfield

\$5.79

Boneless Chuck Stew Beef
 Family Pack

\$7.49
LB

USDA CHOICE

Boneless Chuck Top Blade Steaks

\$8.49
LB

USDA CHOICE

Shoulder Lamb Chops
 THOMAS FARMS

\$14.99
LB

Selected Varieties
 Rapa Scrapple
 16 oz

\$2.79

RAPA BEEF OR TURKEY SCRAPPLE 16 OZ \$3.39

Selected Varieties
 Oscar Mayer Fun Pack Lunchables
 8.9-11 oz

\$2.99

Selected Varieties
 Mama Lucia Meatballs
 10 oz

\$3.19

MAMA LUCIA BEEF MEATBALLS 12 OZ \$6.49

Selected Varieties
 Hatfield Sliced Bacon
 12 oz

\$4.99

Big Manny's Frozen Marinated Chicken Party Wings
 20 oz

\$10.49

From The Sea Crabs are Back! – Call for pricing & availability - Our pricing won't be beat

Wild Caught
 Local Maryland Live Wild Shell Oysters

\$5.99
DOZEN

HALF PRICE

Wild Caught, Previously Frozen
 Tuna Steak

\$7.99
LB

Selected Varieties
 Mowi Marinated Atlantic Salmon Fillet Portions
 10 oz

\$9.89

Wild Caught
 Fresh Mahi Mahi Fillet

\$17.99
LB

Wild Caught, Previously Frozen
 All Natural Dry 10/20 ct Ex-Large Sea Scallops

\$24.99
LB

Local Maryland
 Fresh Lump Crabmeat
 16 oz cont.

\$27.99

PASTEURIZED JUMBO LUMP CRABMEAT 16 OZ \$36.99



Deli & Prepared Meals

Our deli salads are available in larger party sizes



Twin Pack Crab Pretzels
Topped with lump crab dip & cheddar cheese

\$11.99



President Pub Cheese Spread
8 oz - Assorted Varieties

\$4.99



Chicken Bacon & Ranch Flatbread Pizza

\$6



Chef Salad

\$7.99



Pasta Pesto Salad

\$5.99 LB



Beef Barley Soup

\$7.99 LB



Pulled Pork Enchiladas
2 ct

\$7.99



Seafood Pot Pie

\$6.99



Chicken Teriyaki Meal With 2 Sides

\$7.99



Spaghetti & Meatballs Meal for 2

\$9.99



Available in Seafood Dept.

Available in Seafood Dept.

Available in Meat Dept.



Freshly Store Prepared Lump Crab Cakes
4 oz

2/\$9



Freshly Store Prepared Fresh Catfish Fillet w/ Butter, Vegetables & Rice
12 oz

\$6



Freshly Store Prepared Seasoned Boneless Chicken Breast Tenderloins

\$3.49 LB

READY TO COOK



Vegetable Lasagna

\$6.99 LB



Bakery! Crave-Worthy Treats

Bakery Fresh Pie Slices with Whipped Cream



\$1.99

Apple Cinnamon Bread Full Loaf



\$5.49

HALF LOAF \$3.49

LOU'S BAKERY SCRATCH MADE

Peanut Butter & Chocolate Cake Rolls



\$12.99

Green Valley Market Store MADE

Black Bottom Cupcakes 6 ct



\$8.99

LOU'S BAKERY SCRATCH MADE

Fresh Baked Cheddar Cheese Breadsticks 8 ct



\$4.99

Buttercream or Jelly Filled Donuts 6 ct



\$4.99



Judy's Corner

Wellness Manager • Holistic Nutritionist
Essential Oil Coach • RYT Yoga Instructor
Have wellness questions? Contact me at:
natural@greenvalleymarketplace.com



HEALTHY HARVEST SWEET POTATO & APPLE BOWLS

Ingredients:

- Organic sweet potatoes — roasted & cubed
- Organic Chickpeas — 1 can, rinsed
- Organic Baby Spinach — 2 cups
- Honeycrisp apples — 1, sliced
- Organic pumpkin seeds — ¼ cup
- Simply Organic Cinnamon — ½ tsp
- Organic Extra Virgin Olive Oil — 2 tbsp
- Organic Apple Cider Vinegar — 1 tbsp
- Pure maple syrup — 1 tsp
- Pinch of sea salt & black pepper

Easy Fall Dressing:

Whisk together: 2 tbsp olive oil + 1 tbsp apple cider vinegar + 1 tsp maple syrup + ½ tsp cinnamon + pinch of salt & pepper.

Put It Together:

1. Roast sweet potato cubes and chickpeas with olive oil, salt, pepper and cinnamon at 400°F for 25–30 minutes.
2. Add spinach to a bowl.
3. Top with warm sweet potatoes and chickpeas.
4. Add sliced apple and pumpkin seeds.
5. Drizzle with the maple-cinnamon dressing.

Wild Harvest Garbanzo Beans

15 oz



2/\$3

Eden Organic Pumpkin Seeds

4 oz

\$2.99



Bragg's Organic Apple Cider Vinegar

16 oz

\$3.99



Simply Organic Cinnamon

2.45 oz

\$4.99



Bono Organic Sicilian Extra Virgin Olive Oil

16.9 oz

\$18.99



Deer Park Spring Water
3 Liter



2/\$3

Pringles Mega Crisps
6.8-7.1 oz
Assorted Varieties



2/\$5

Martin's Sweet Dinner Rolls
12 pk



\$2.29

Lipton Brisk
1 Liter
Assorted Varieties



4/\$5

Club Crackers
12.5-13.7 oz
Assorted Varieties



\$3.99

Progresso Soup
18.5-19 oz
Assorted Varieties



2/\$4

Mott's Applesauce
6 pk
Assorted Varieties



\$2.99

Maxwell House Ground Coffee
23.1-27.5 oz
Assorted Varieties



\$10.99

Pepsi Cubes
24 pk/12 oz cans
Assorted Varieties



\$11.99

Chicken of the Sea Chunk Light Tuna
5 oz - Assorted Varieties



99¢

Essential Everyday Peanut Butter
16 oz
Creamy or Chunky



\$1.99

Nature Valley Granola Bars
4.6-9.84 oz
Assorted Varieties



\$2.99

Kellogg's Special K Cereals
9.6-12.9 oz
Assorted Varieties



\$3.99

Canada Dry
12 pk/12 oz cans
Assorted Varieties



\$5.99

Old El Paso Taco Shells
4.6-7.4 oz
Selected Varieties



\$1.89

French's Squeeze Yellow Mustard
14 oz



\$1.79

Chex Snack Mix
8 oz
Assorted Varieties



2/\$5

Betty Crocker Fruit Snacks
4.5-8 oz
Assorted Varieties



2/\$5

Doritos
9-10.75 oz
Assorted Varieties



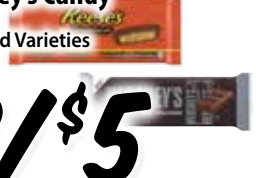
\$3.99

Old El Paso Refried Beans
16 oz
Assorted Varieties



\$1.89

Hershey's Candy
8 pk
Assorted Varieties



2/\$5

Fiora Paper Towels
6 Rolls



\$3.99

Dixie Bowls or Plates
44-90 ct
Selected Varieties



\$4.99

Utz Family Size Potato Chips
7.75-8 oz
Assorted Varieties



2/\$5

Dairy

Stok Iced Coffee
48 oz
Assorted Varieties



\$4.99

Land O Lakes Butters
15-16 oz
Assorted Varieties



\$3.99

Pillsbury Rolls or Biscuits
8-16.3 oz
Assorted Varieties



2/\$5

Hot Pocket Snacks
4 ct/17-18 oz
Assorted Varieties



\$4.29

Campbell's Chunky Frozen Meals
12-12.5 oz
Assorted Varieties



2/\$7 NEW ITEM

Snickers, Twix or M&M's Ice Cream Novelties
11.8-16 oz
Assorted Varieties



\$3.29

Dannon Activia, Light + Fit, or Danimals Multipacks
16-21.2 oz
Assorted Varieties



\$3.29

Essential Everyday Cream Cheese
8 oz
Regular or Neufchatel



2/\$3 100% MONEY BACK GUARANTEE

Kozy Shack Desserts
22-26 oz Tub or 6 pk
Assorted Varieties



\$2.99

Hanover Premium Vegetables
10-12 oz
Assorted Varieties



2/\$4

Jimmy Dean Breakfast Bowls or Egg Bites
4-7 oz
Assorted Varieties



\$2.99

Pillsbury Breakfast Pastries
7.2-11.7 oz
Assorted Varieties



2/\$5

Frozen

ARNOLD - 6AM-10PM
1238 Bay Dale Drive
Arnold, MD 21012
410-757-0505

ELKRIDGE - 6AM-10PM
7280 Montgomery Road
Elkridge, MD 21075
410-579-4646

LAKE SHORE - 7AM-9PM
4681 Mountain Road
Pasadena, MD 21122
410-255-6800

PASADENA - 6AM-10PM
8095 Edwin Raynor Blvd.
Pasadena, MD 21122
410-255-0070

LET US DO THE SHOPPING
Shop Online Now at
greenvalleymarketplace.com
for pickup or delivery!