

# GreenValley Marketplace

Locally Owned & Operated Since 1915

OCT. FRI 23 SAT 24 SUN 25 MON 26 TUE 27 WED 28 THUR 29

Fresh, Grade A  
**Boneless  
Chicken Thighs**  
Family Pack  
Limit 2 packs at this price

**\$1.99**  
LB

Save \$1.80 lb



**FARMHOUSE  
FRESH**

**Eye Round  
Roast**



**\$6.99**  
LB

Save \$3.00 lb



**Fresh Beef  
Boneless New  
York Strip Steaks**  
Family Pack  
Limit 2 packs at this price

**\$7.99**  
LB

Save \$5.00 lb



USDA CHOICE  
BEEF  
BONELESS  
NEW YORK  
STRIP STEAK  
**\$14.99 lb**  
SAVE \$7.00

Wild Caught  
**Large 5/8 oz Canadian  
Snow Crab Clusters**  
Family Pack - 3 lbs or More  
Limit 2 at this price

**\$9**  
LB

Save \$4.99 lb



**Tombstone Pizza**  
18.4-20.2 oz  
Assorted Varieties



**\$3.99**

Save \$3.00

**Avocados**

**3/\$4**

Save \$1.50



**3 lb Bag Navel  
Oranges**



**\$4.99**

Save \$2.00

**Stone Ridge Creamery  
Ice Cream**

48 oz - Assorted Varieties



**2/\$7**

Save \$4.98 on 2

**Fairlife Ultra  
Filtered Milk**

52 oz  
Assorted Varieties



**\$3.99**

Save \$2.40



**Twist Donuts**  
6 ct - Glazed,  
cinnamon &  
powdered sugar

**\$4.99**

Save \$1.00

Lower's  
BAKERY  
SCRATCH  
MADE

**Vegetable  
Crab Soup**



GALLON  
**\$4.00**

**\$5.99**  
LB

Save \$2.00 lb

**Family Size  
Crab Pretzel**

Topped with lump  
crab dip & cheddar  
cheese



**\$12.99**

Save \$2.00

**Party Wings**

10 ct  
Assorted Varieties



20 CT  
**\$17.99**  
SAVE \$2.00

**\$8.99**

Save \$1.00

## \$1 BUDGET STRETCHERS

Save Even More!

**Chicken of the Sea  
Albacore Solid White Tuna**

5 oz in water

**\$1**



**Chobani Fruit On The Bottom,  
Creations or Zero Sugar Yogurt**

5.3 oz - Assorted Varieties

**\$1**



**Mueller's Pasta**

12-16 oz  
Assorted Varieties

**\$1**



**Pasta or Rice-A-Roni**

4.6-7.2 oz  
Assorted Varieties

**\$1**



**Banquet Pot Pies**

7 oz  
Assorted Varieties

**\$1**



**Colgate Toothpaste**

4 oz  
Assorted Varieties  
Limit 2 at this price

**\$1**



## BEER, WINE & SPIRITS UNBEATABLE PRICES!

**Corona Extra  
or Light Beer**

12pk/12oz cans

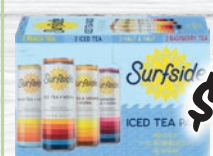
**\$15.99**

Save \$3.00



**Surfside  
Variety Pack**

8pk/12oz cans



**\$15.99**

Save \$4.00

Available at 4681 Mountain Rd. Location Only

**Coca-Cola**

24 pk/12 oz cans  
Assorted Varieties

**GV REWARDS  
DIGITAL OFFER**

**\$8**

WITH 100 POINTS

LIMIT 2 PER OFFER | LIMIT 1 OFFER



**\$11.99**

WITHOUT GV  
REWARD OFFER

Wow!

# From the Garden *Local Produce Daily!*

Little Leaf Salads  
4 oz



**\$3.69**

MEDLEY GRAPE TOMATOES PINT \$3.69

Acorn/Butternut/Spaghetti Squash



**\$1.29**  
LB

Calabaza



**\$1.69**  
LB

BAILEY'S MIXED CHILE PEPPERS 14 OZ \$3.79

Beefsteak Tomatoes



**\$2.79**  
LB

Stop Light Peppers  
3 ct



**\$3.69**

Zucchini Squash



**\$1.79**  
LB

YELLOW ONIONS 3 LB BAG \$2.99

# Organic

Beefsteak Tomatoes  
2 ct



**\$3.69**

Anjou Pears  
2 lb



**\$5.79**

# Fresh Cuts

Sweet Potato Chunks  
16 oz



**\$4.79**

Fajita Peppers/Onions  
12 oz



**\$4.79**

# Healthy Snacks

Banana Chips  
11 oz



**\$3.69**

Dried Cranberries  
9 oz



**\$3.69**

# Butcher Shop

Fresh Bone-In Center Cut Pork Chops  
Family Pack



**\$2.29**  
LB

FRESH FAMILY PACK BONE-IN COUNTRY STYLE PORK SPARERIBS FAMILY PACK \$1.89

Fresh 80 % Lean Ground Beef  
Family Pack



**\$5.49**  
LB

Fresh Beef Chuck Neck Bones



**\$2.29**  
LB

GREAT FOR VEGETABLE BEEF SOUP

Selected Varieties  
Fresh Dinner Sausage  
Local Maryland Ostrowski



**\$4.29**  
LB

OSTROWSKI OF BARK & BUTTER

Selected Varieties  
Perdue Fully Cooked Chicken Short Cuts  
8 oz



**\$3.99**

Certified Organic  
Bell & Evans Boneless Chicken Breast  
Tenderloins



**\$9.99**  
LB

Bell & Evans

Eye Round Steaks  
Family Pack



**\$7.49**  
LB

CERTIFIED ANGUS BEEF

Boneless Flank Steak



**\$9.99**  
LB

USDA CHOICE

Selected Varieties  
Eckrich Smoked Sausage Links  
14 oz



**\$3.29**

Selected Varieties  
Simply Potatoes Mashed Potatoes  
24 oz



**\$3.39**

Selected Varieties  
Smithfield Sliced Bacon  
12 oz



**\$5.19**

SMITHFIELD MIKE'S HOT HONEY SLICED BACON 12 OZ \$5.99

Perdue Chicken Nuggets or  
Tenders  
22-29 oz



**\$5.99**

Kingsford Pulled Pork BBQ  
16 oz



**\$6.19**

# From The Sea Crabs are Back! – Call for pricing & availability - Our pricing won't be beat

Wild Caught  
Fresh Cod Fillet Portions  
6 oz



**\$5.99**  
EACH

Wild Caught  
Fresh Monkfish Fillet



**\$9.99**  
LB

Farm Raised  
Fresh Atlantic Salmon Fillet



**\$10.99**  
LB

Wild Caught, Select or Standard  
Local Maryland Chesapeake  
Bay Shucked Oysters  
16 oz



**\$13.49**

Local Maryland Fresh Lump  
Crabmeat  
16 oz



**\$28.99**

PASTEURIZED JUMBO LUMP CRABMEAT 16 OZ \$37.99

Nature's Best Surimi Snow  
Crab Legs  
12 oz



**\$6.49**

# Deli & Prepared Meals

Our deli salads are available in larger party sizes



## Fresh Sliced Deli Meat & Cheese

Dietz & Watson American Cheese **\$5.99 LB**

Eckrich Hawaiian Ham **\$6.99 LB**

Smoked Gouda Cheese **\$7.99 LB**

Dietz & Watson Buffalo Chicken or Black Forest Ham **\$8.99 LB**

Kretschmar Turkey Off The Bone or Honey Turkey **\$9.99 LB**

Dietz & Watson Classic Turkey Breast **\$11.99 LB**



## Bakery! Crave-Worthy Treats





### Judy's Corner

Wellness Manager • Holistic Nutritionist  
Essential Oil Coach • RYT Yoga Instructor  
Have wellness questions? Contact me at:  
[natural@greenvalleymarketplace.com](mailto:natural@greenvalleymarketplace.com)



### COZY • HEALTHY • FAMILY-FRIENDLY COZY HARVEST TURKEY CHILI

A hearty one-pot dinner filled with lean turkey, beans, vegetables and warm fall spices. Easy enough for a weeknight and perfect for leftovers!

**Ingredients:**

- 1 lb ground turkey
- 1 onion, chopped
- 2 bell peppers, chopped
- 1 can diced tomatoes
- 1 can black beans, drained
- 1 can kidney beans, drained
- 1 cup corn
- 1 1/2 cups low-sodium chicken or vegetable broth
- 1-2 tbsp chili powder
- 1 tsp cumin
- Salt & pepper to taste

**Directions:**

1. Brown turkey in a large pot.
2. Add onion and peppers; cook for 4-5 minutes.
3. Add tomatoes, beans, corn, broth and spices.
4. Bring to a simmer.
5. Cover and cook for 20-25 minutes, stirring occasionally.
6. Serve with your favorite toppings.



**FALL FAMILY TIP**  
Make Dinner A Little More Intentional. Put The Phones Away, Let Everyone Choose A Topping, And Share One Good Thing From Your Day Around The Table.  
**Good Food Good Conversation Good Together**

**Simply Organic Spicy Chili Seasoning Mix**  
1 oz

**21/\$3**



**Woodstock Super Sweet Corn**  
Cut, Organic 10 oz

**\$2.99**



**Eden Organic Kidney Beans**  
15 oz Regular and No Salt

**21/\$6**



**Muir Glen Organic Fire Roasted Diced Tomatoes With Medium Green Chilies**  
14.5 oz

**\$2.99**



**Wild Harvest Black Beans**  
15 oz

**21/\$3**



**Ken's Salad Dressing**  
16 oz  
Assorted Varieties

**21/\$5**



**Sweet Baby Ray's BBQ Sauce**  
18 oz  
Assorted Varieties

**21/\$4**



**Canada Dry**  
6 pk/16.9 oz btls  
Assorted Varieties

**21/\$6**



**Pepsi**  
12 pk/12 oz cans  
Assorted Varieties

**21/\$13**



**Pearl Milling Pancake Mix or Syrup**  
24-32 oz  
Assorted Varieties

**\$2.99**



**Hellmann's Squeeze Mayonnaise**  
18 oz  
Light or Regular

**\$3.99**



**Essential Everyday Chicken Broth**  
32 oz

**\$1.79**



**Kellogg's Pop-Tarts**  
13.5 oz  
Assorted Varieties

**\$2.99**



**Utz Cheese Curls or Popcorn**  
6.5-8.5 oz  
Assorted Varieties

**21/\$5**



**Nestle's Morsels**  
10-12 oz  
Assorted Varieties

**\$4.69**



**Chicken of the Sea Sardines**  
3.75 oz  
Assorted Varieties

**41/\$5**



**San Pelligrino Mineral Water**  
1 liter  
Assorted Varieties

**\$1.89**



**General Mills Chex Cereals**  
12-14 oz  
Assorted Varieties

**\$2.99**



**Utz Multipack Snacks**  
10 ct  
Assorted Varieties

**\$4.99**



**V8 Fruit Juice**  
64 oz  
Selected Varieties

**21/\$5**



**Nissin Ramen Noodles**  
6 pk  
Assorted Varieties

**\$1.89**



**Wild Harvest Chicken Noodle Soup**  
18.6 oz

**21/\$5**



**Nabisco Original Chips Ahoy! Cookies**  
15.5 oz  
Assorted Varieties

**\$4.49**



**Fritos or Cheetos**  
7-10 oz  
Assorted Varieties

**\$3.99**



**Solo Heavy Duty Plates**  
22-48 ct  
Selected Varieties

**\$2.99**



**Dawn Liquid Dish Detergent**  
38 oz

**\$5.99**



**Arm & Hammer Laundry Detergent**  
45.5-67 oz  
Assorted Varieties

**\$4.99**



**Sparkle Paper Towels**  
2 Double Rolls  
100.8 SF

**\$3.29**



**Essential Everyday Facial Tissue**  
160 ct

**\$1.69**



**100% MONEY BACK GUARANTEE**

## Dairy

**Tropicana Orange Juice**  
89 oz - Assorted Varieties

**\$7.99**



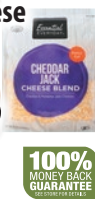
**Jell-O Desserts**  
4 pk/12.5-15.5 oz  
Assorted Varieties

**\$2.69**



**Essential Everyday Shredded Cheese**  
32 oz  
Assorted Varieties

**\$6.99**



**100% MONEY BACK GUARANTEE**

**Eggo Waffles, Pancakes or French Toast**  
8.4-14.8 oz  
Assorted Varieties

**\$2.89**



**Essential Everyday Frozen Vegetables**  
12 oz  
Select Varieties

**21/\$3**



**100% MONEY BACK GUARANTEE**

**Gorton's Frozen Seafood**  
9.2-24.5 oz  
Assorted Varieties

**\$7.89**



**Chobani Creamer or Oat Milk**  
24-52 oz  
Assorted Varieties

**\$4.29**



**Nestle Toll House Ready To Bake Cookies**  
16-16.47 oz  
Assorted Varieties

**\$3.99**



**Essential Everyday Cream Cheese Spreads**  
8 oz  
Assorted Varieties

**\$1.99**



**100% MONEY BACK GUARANTEE**

**Banquet Breakfast Bowls**  
9-10.5 oz  
Assorted Varieties

**\$3.49**



**Bagel Bites Snacks**  
6.9-7 oz  
Assorted Varieties

**\$2.19**



**Healthy Choice Cafe Steamers**  
9-10.3 oz  
Assorted Varieties

**\$2.89**



**ARNOLD - 6AM-10PM**  
1238 Bay Dale Drive  
Arnold, MD 21012  
410-757-0505

**ELKRIDGE - 6AM-10PM**  
7280 Montgomery Road  
Elkridge, MD 21075  
410-579-4646

**LAKE SHORE - 7AM-9PM**  
4681 Mountain Road  
Pasadena, MD 21122  
410-255-6800

**PASADENA - 6AM-10PM**  
8095 Edwin Raynor Blvd.  
Pasadena, MD 21122  
410-255-0070

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